

Catering Menu

WRAPS:

VEGAN TUNA (v)

with chickpeas, red onion & capers

PESTO CHICKEN

with feta, tomato, spinach & red onion

HOLY HUMMUS

with homemade hummus & crunchy rainbow veggies

FALAFEL

with tomatoes, cucumber, spinach & yogurt dressing

SMOKED SALMON **+€1.00**

with avocado, rocket, honey mustard & dill

SALADS:

CHINESE CHICKEN SALAD

*crunchy peanuts, shredded carrot, spinach, red cabbage & miso dressing,
topped with chicken*

VITAL VEGAN (v)

*roasted aubergine, pumpkin, falafel, tomatoes, edamame, peppers, crispy tofu
served with a mango dressing*

CLEAN & LEAN CAESAR SALAD

Spinach, parmesan & croutons with a caesar dressing.

Choose between: chicken & crispy tofu

GET YOUR KETO ON

*avocado, feta, spinach, strawberries & toasted almonds
with a balsamic dressing.*

Choose between: chicken & crispy tofu

ASK US ABOUT THE SALADS OF THE DAY

*Add chicken, tofu or avocado **+ €3.00***