

Catering Menu

JUICES (500ml) € 6.00

50 SHADES OF GREEN

apple, cucumber, celery, spinach, lemon, parsley

WELLNESS PLUS

orange, carrot, ginger, turmeric, black pepper

LA SUNRISE

orange, pineapple, lemon, raspberry

LAUREN'S PASSION

beetroot, red cabbage, apple, carrot, ginger, lemon

BARCELONA

grapefruit, apple, strawberry, passion fruit, ginger

SKIN GLOW

pineapple, cucumber, basil, mint

GINGER & TURMERIC SHOT €2.50

SMOOTHIE BOWLS

all with homemade granola, fresh fruits, berries & superfood toppings. They can all be made banana free!

THE ORIGINAL ACAI

organic Brazilian acai, banana, avocado, coconut milk

PINK PUNK

organic dragon fruit, strawberries, banana, avocado, coconut milk

OCEAN BLUE

blue spirulina, pineapple, banana, avocado, coconut milk

NUTTY PROFESSOR

cacao, dates, homemade peanut butter, banana, avocado, almond milk

GREEN SUPERCHARGER BOWL

spinach, avocado, coconut milk & banana

**Make it chunky - add extra dark choco chips, peanut butter & hazelnuts €1.50*

SMOOTHIES (500ml) € 7.00

JUST AMY LAUREN

red apple, coconut milk, yogurt & melon flavoured protein

GREEN MACHINE

spinach, chia, avocado, coconut milk, vanilla vegan protein powder

SKINNY BEACH

mango, ginger, turmeric, yogurt, oat milk

BELLI BEAUTY

blueberries, strawberries, banana, almond milk

PINK PUNK

strawberry, pitaya, banana, coconut milk

KAFFINE KICK

espresso, dates, peanut butter, banana, almond milk

Extras:

Peanut Butter, Protein Powder €1.00

Chia Seeds, Tumeric €0.50